

Coaches

Being a coach for Ski Apache Adaptive Sports could be the most rewarding and challenging job you ever do. It requires physical, mental and emotional faculties to blend together when assisting a person with disabilities on the snow. There is a lot of flexibility in the job but commitment is of utmost importance as other people count on you and we work as a team.

The requirements are:

- Be a team player while coaching.
- Be an ambassador for the program and for Ski Apache on and off the mountain
- Be available to work a regular schedule designed by you and SADSP
- Participate in at least 2 days of training per season
- Be aware of Safety issues
- Show evidence of a background check (one time only)
- It helps if you are a strong skier/boarder with excellent balance and athletic ability.
- Help out keeping the room clean and organized
- Be able to enjoy your free time and get out and ski!

What coaches do:

- Safety comes first, then fun, and then skills.
- Coaches are first ski buddies and then instructors.
- Coaches assess the students' stance, balance, strength and mobility
- Coaches decide what type of adaptive equipment is necessary if any and on which terrain to begin their lesson.
- Coaches reassess safety and analyze the movements of the skier on the snow.
- Coaches make a plan for the lesson and carry it out to reach their goals.

Safety Tips:

- Wear bright vests, helmet, eye protection and sunscreen
- Protect your back when the mountain is crowded
- Use a student harness or safety belt for those with seizure disorders
- Teach an emergency stop
- Stay in front of your student
- Communicate simply and clearly to your student
- Communicate with your coaching partner and the lift ops about loading and unloading
- Rehydrate regularly

Please contact us if you are able to help out with one of the most rewarding jobs in the world! We would love to see a teaching background in skiing or boarding, but we will train someone who is eager to learn.



Professional Skiers Instructors of America – Rocky Mountain <http://www.psia-rm.org/>



American Association of Snowboard Instructors <http://www.thesnowpros.org/>