

**SKI APACHE ADAPTIVE SPORTS  
P.O. BOX 2138  
RUIDOSO, NM 88355**

STUDENT ENROLLMENT APPLICATION

DATE \_\_\_\_\_

**PLEASE PRINT CLEARLY**

STUDENT'S NAME \_\_\_\_\_

Phone # \_\_\_\_\_ e-mail \_\_\_\_\_

Address \_\_\_\_\_

City, State \_\_\_\_\_ Zip \_\_\_\_\_

\*Age \_\_\_\_\_ Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Shoe size \_\_\_\_\_

CHECK ONE: Ski today \_\_\_\_\_ Snowboard today \_\_\_\_\_ Scholarship Requested \_\_\_\_\_

Parent/contact person \_\_\_\_\_ Phone# \_\_\_\_\_

**MEDICAL INFORMATION**

\*Diagnosis \_\_\_\_\_

Description of Disability \_\_\_\_\_

Seizures: Yes \_\_\_\_\_ No \_\_\_\_\_ \*Date of Last Seizure \_\_\_\_\_ Type \_\_\_\_\_

Medications: Yes \_\_\_\_\_ No \_\_\_\_\_ Type \_\_\_\_\_ Affects \_\_\_\_\_

Permanent conditions or medical apparatus we should be aware of (eg. Harrington Rods, shunts, catheters, etc.) \_\_\_\_\_

If paralysis, where on spine: \_\_\_\_\_

If head injury, explain \_\_\_\_\_

Activities, sports, hobbies: \_\_\_\_\_

Reinforcers/Triggers for behavior \_\_\_\_\_

Other Information we need to know \_\_\_\_\_

Doctor/Therapist \_\_\_\_\_ Phone# \_\_\_\_\_

**SKIER/SNOWBOARDER INFORMATION**

(Never-ever) \_\_\_\_\_ (Skied/SB before) \_\_\_\_\_ Number of times? \_\_\_\_\_ Where? \_\_\_\_\_

Boots \_\_\_\_\_ Skis/SB \_\_\_\_\_ Helmet \_\_\_\_\_

Other: \_\_\_\_\_

**SAFETY FIRST!**

\*Everyone 17 years of age and younger MUST wear a helmet

\*If you have had a seizure within the past two years, you MUST wear a safety harness

**INSTRUCTOR FEEDBACK**

Instructor name \_\_\_\_\_

Adaptive equipment \_\_\_\_\_

**Motivational Needs**

student goals : \_\_\_\_\_

family goals: \_\_\_\_\_

Reinforcers or triggers for shaping behavior \_\_\_\_\_

Skiing Experience: level \_\_\_\_\_ Chairs \_\_\_\_\_ Runs \_\_\_\_\_

Terrain and conditions \_\_\_\_\_

**Understanding Needs**

What does your student know about skiing? \_\_\_\_\_

Follows Directions? \_\_\_\_\_

Preferred learning style? (VAK) \_\_\_\_\_

Teaching style used ( guided practice, directive, skill based etc) \_\_\_\_\_ →

**Core exercises practiced (circle and check)**

walk and climb on skis, find the gravity line, get up after a fall, traverse glide in open wedge, herringbone, side step, bow ties, side slip, garlands, thousand steps, shuffle, hopping while stationary, hopping while gliding, skating, vary the weight on inside of foot, skating, skidding

Static \_\_\_\_\_ Simple \_\_\_\_\_ Complex \_\_\_\_\_

Safety issues \_\_\_\_\_

Student knows the responsibility Code \_\_\_\_\_

**Movement Needs : (Ski Performance is the effect, Body performance is the cause)**

Gliding wedge straight run \_\_\_\_\_

Stop (wedge, turn up, turn, use of terrain) \_\_\_\_\_

Turn type (open wedge, stem christie, open parallel) \_\_\_\_\_

Turn radius (short, medium, long) \_\_\_\_\_

Turn shape (Z's round, elliptical) \_\_\_\_\_

Speed Control (Y/N) \_\_\_\_\_

Overall movement patterns observed \_\_\_\_\_

Balance \_\_\_\_\_

Edging \_\_\_\_\_

Rotation \_\_\_\_\_

Pressure \_\_\_\_\_

What to work on next time \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do Not introduce new skills and new terrain at the same time !**